

DEPARTMENT OF PHYSICAL EDUCATION EXERCISE AND SPORTS SCIENCE

LINKS FOR FIRST SEMESTER 2ND AND 3RD YEAR UNITS

S/N o	Name of Lecturer	Email	Normal Load	Day & Hrs	GOOGLE MEET LINKS
1.	Dr. Yasmin Goodwin	goodwin.yasmin@ku.ac.ke	HPE 210 Swimming I	Mondays: 12-1pm Wednesdays: 9-10am Thursdays: 9-10am	https://meet.google.com/cop-knrw-ypa https://meet.google.com/ysj-xyic-ayb https://meet.google.com/duu-cjnp-gyk
2.	Mr. Elvis Okoth	okoth.elvis@ku.ac.ke	HPE 210 Rugby	Monday 1-2pm Thursday 11-12	https://meet.google.com/wnf-hrqq-anx https://meet.google.com/evx-dudt-ncf
3.	Mr. Kevin Kipchumba	kipchumba.kevin@ku.ac.ke	HPE 301 Gymnastics	Thursday 9-10am Friday 5-7pm	https://meet.google.com/msw-xadq-uzs https://meet.google.com/wia-ttkw-gnh
4.	Dr. Jane Mwangi	wairimu.jane@ku.ac.ke	HES 205 Motor Learning & Development	Tuesday 10-11am. Thursdays 10- 11am.	https://meet.google.com/jei-bqkp-pxe https://meet.google.com/ogg-znni-apu
5.	Dr. Jane Kamau	kamau.j@ku.ac.ke	HES 313 Hydrodynamics & Aquatic Activities (ESS Group)		https://meet.google.com/kdd-yamat-urf
6.	Prof. Michael Boit	boit.michael@ku.ac.ke	HES 312 Design & Improvisation of Sports Facilities & Equipment (ESS & RSM)		
7.	Dr. Joy Wachira	wachira.lucy@ku.ac.ke	HPE 300 First Aid	Tuesday 3-4pm Wednesday 8-9am	https://meet.google.com/ueg-dexp-wpg https://meet.google.com/jpu-jmst-qsc
8.	Dr. Gitahi Theuri	theuri.gitahi@ku.ac.ke	HES 301 Exercise & Wellness	Wednesday 1-2pm Thursday 2-3pm Friday 3-4pm	meet.google.com/xia-ijay-umo meet.google.com/jjy-qusn-ghu meet.google.com/ocn-qqdi-phc
9.	Dr. Juliah Githang'a	githanga.juliah@ku.ac.ke	HPE 209 Functional Human Physiology	Monday 5-6pm Friday 2-3 pm	meet.google.com/mgn-rnui-fne meet.google.com/sae-dpaj-jic

			HPE 312 Physical Activity & Health	Monday 1-2pm Friday 11-12pm	https://meet.google.com/qve-ueaj-wuf meet.google.com/eic-evad-dxv
10.	Mr. Simon Gathua	MUHORO.SIMON@ku.ac.ke	HES 206 Exercise and Sports for Special Populations (ESS & RSM)	Monday 2-3pm Wednesday 10-11am Friday 9-10am	https://meet.google.com/fkc-etfn-cah https://meet.google.com/vvh-gsye-zcr https://meet.google.com/tsg-ngse-gba
11.	Dr. Luka Waiganjo	waiganjo.luka@ku.ac.ke	HES 200 Physical Fitness and Evaluation	Monday 4-5pm Wednesday 8-9am	https://meet.google.com/qpi-tfmr-iwj https://meet.google.com/uvd-tpaf-dye
			HPE 300 Outdoor Education	Monday 9-10am Thursday 1-2pm	https://meet.google.com/rjq-dhpm-qwv https://meet.google.com/pcf-gbvm-wjm
12.	Mr. Samuel Kataka	omurunga.samuel@ku.ac.ke	HPE 301 Aerobics	Thursday 5pm - 6pm Friday 12pm - 2pm	https://meet.google.com/jdm-xwav-bnt https://meet.google.com/nhj-fmez-gdv
13.	Dr. Edwin Boit	boit.edwin@ku.ac.ke	HES 201 Functional Human Anatomy II	Monday 8-9am Thursday 8-9am	https://meet.google.com/npq-rhmk-ror https://meet.google.com/gwp-xtdt-zfz
			HES 310 Biomechanics in Sport II	Wednesday 8-9am Friday 8-9am	https://meet.google.com/bpa-gkdh-tag https://meet.google.com/twr-nvzs-xir
14.	Mr. Stanley Kagunda	kagunda.stanley@ku.ac.ke	HPE 210 Athletics II	Tuesday 12-1pm Friday 11-12	https://meet.google.com/aoj-kify-qma https://meet.google.com/hfu-dayu-uhr
			HPE 201 Athletics 1	Tuesday 11-12noon Friday 12-1pm	https://meet.google.com/abf-pvkz-nzk https://meet.google.com/ktn-bqes-dby
15.	Ms. Mary Mwihaki	gathwe.mary@ku.ac.ke	HPE 201 Swimming I	Monday 3 -4 PM Tuesday 3- 4 PM Wednesday 12-1PM	https://meet.google.com/onu-kins-hvb https://meet.google.com/onu-kins-hvb https://meet.google.com/myd-woxy-vxn

16.	Dr. Rhoda Karimi	karimi.rhoda@ku.ac.ke	HES 302 Application of computer Technology in Recreation & Sport	Monday – 9:00 -10:00am Tuesday – 10:00 - 11:00am	meet.google.com/hsy-rmyj-kvo meet.google.com/nxm-gjed-qmj
17.	Dr. Priscilla Gitonga	gitonga.priscilla@ku.ac.ke	HPE 301 Dance (Group2)	Mondays 5-7pm Tuesdays 9-10am	https://meet.google.com/qnz-hafu-eiz https://meet.google.com/btg-fqqa-zgr
18.	Mr. Francis Karugu	njeru.francis@ku.ac.ke	HPE 201: Softball	Tuesday 4-6pm	https://kusoma.ku.ac.ke/mod/url/view.php?id=420816
19.	Mr. Francis Bogonko	lamech.bogonko@ku.ac.ke	HES 305 Prevention and Management of Sport Injuries	Tuesday 5-6:30pm Friday 5-6:30pm	https://drive.google.com/open?id=1T0Ir-jYhAv4JFjuP2YktB6rbisTjiL0 https://drive.google.com/open?id=1Jf-BjTCYwwlgPHvw8cwVUP7SO4rRGUEf